

Malaysia home health care system

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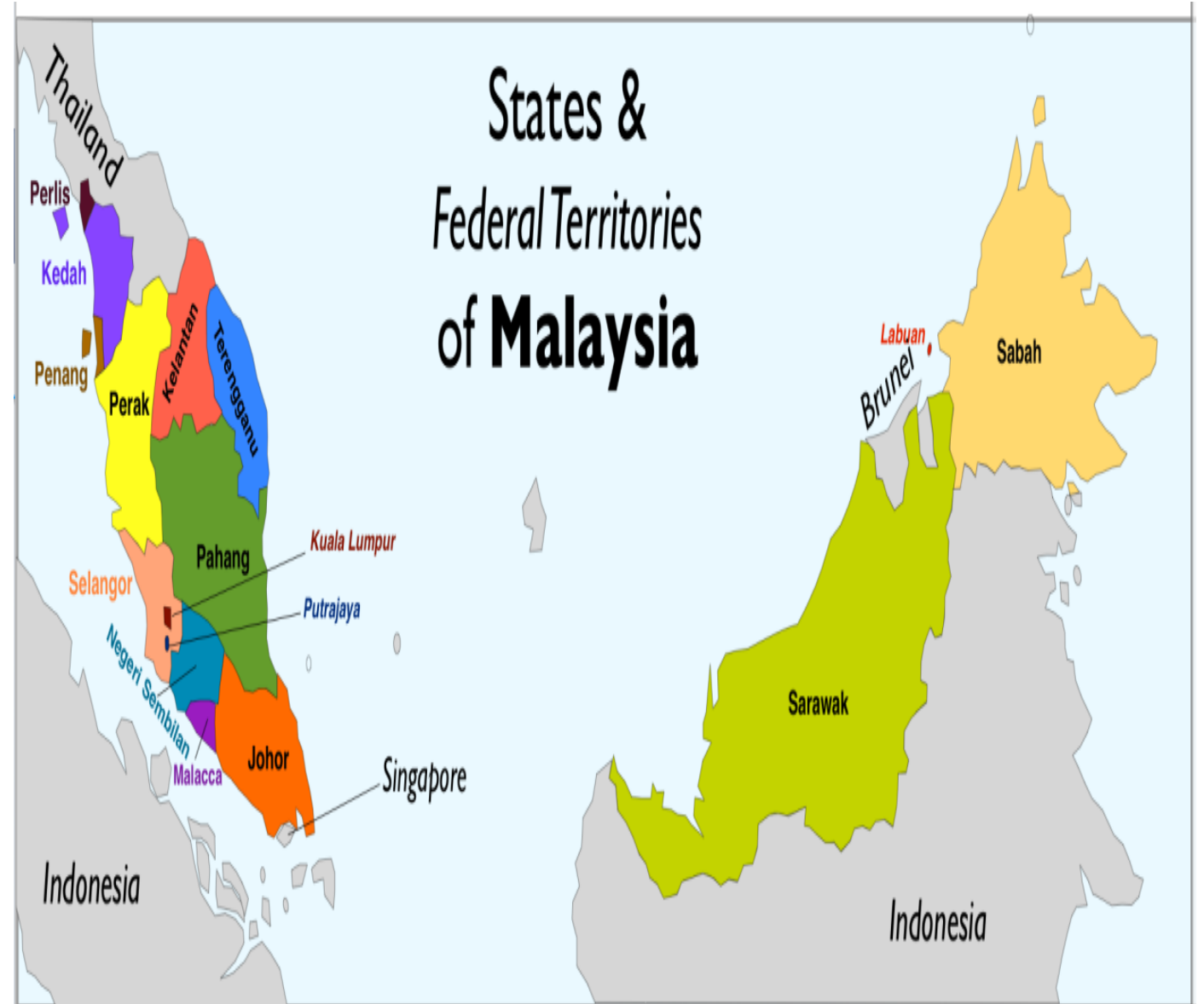
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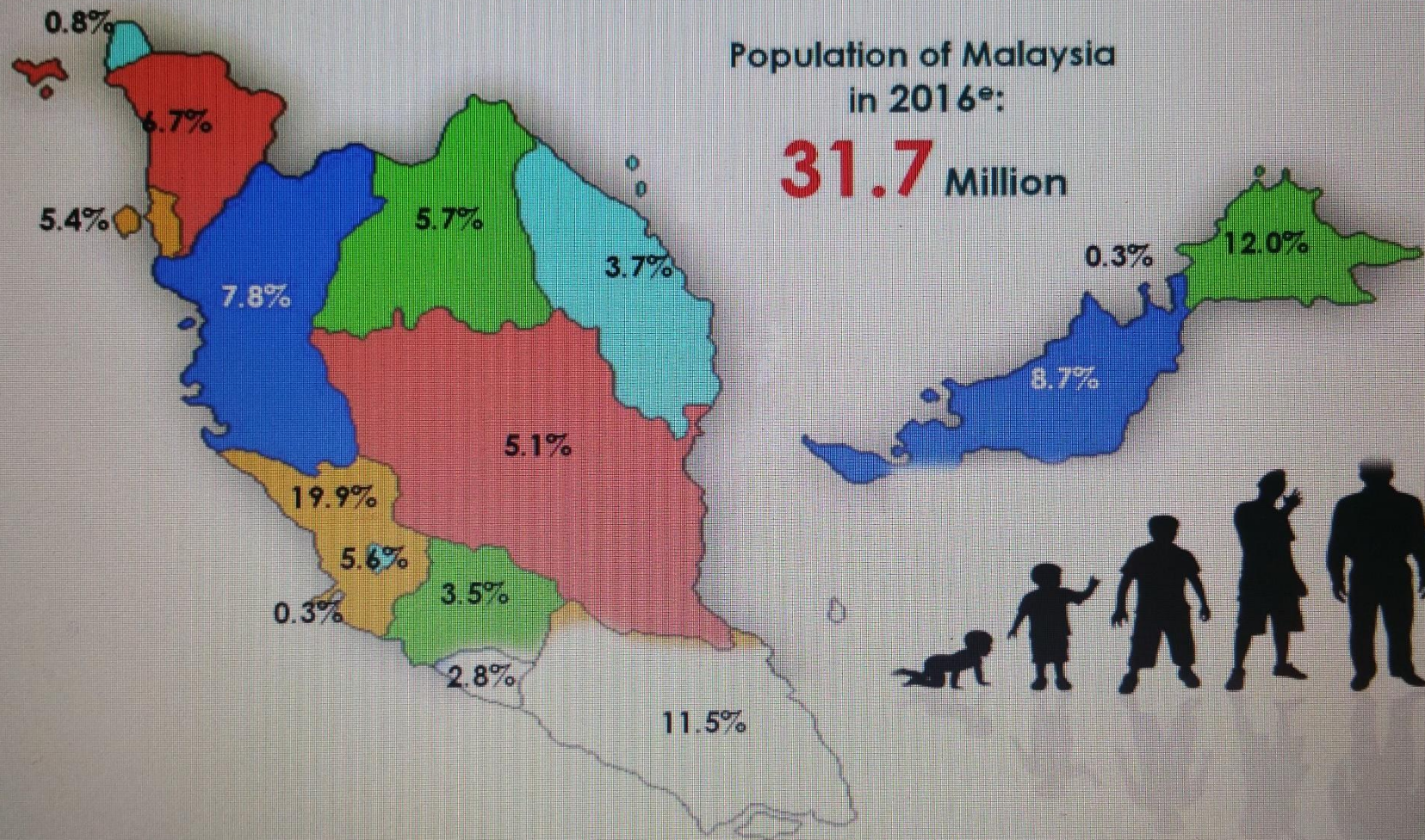
Demographic

- Population: 31.19 million (2016)
- Life expectancy: 74.8 years (2015)
- There are West Malaysia and East Malaysia.



POPULATION DISTRIBUTION BY STATE, MALAYSIA, 2016^e

Selangor recorded the highest percentage of population in 2016 (19.9%) followed by Sabah (12.0%) and Johor (11.5%). While W.P. Labuan and W.P. Putrajaya recorded the smallest percentage of population with 0.3 per cent respectively.



Malaysia health care structure

- **Ministry of health**
 - --- government hospital, general and district hospital
 - --- government primary care clinic total 2389
- **Private health care services**
 - --- private hospitals
 - --- private clinics
 - --- private home care services
- **Non government organisations**
 - --- patient support NGO such as PRIDE
 - --- disease specific NGO
 - --- hospices

Ministry of health

- government hospital, general and district hospital
- government primary care clinic total 2389
- Comprehensive coverage in west Malaysia
- Primary health care clinic comprises of
 - --- out patient clinic/ maternal child health clinic
 - --- maternal child care home visits
 - --- domiciliary home care team since 2015

domiciliary home care team

- Started since 2015
- To do home visits for neurological patients
- Extend to adult medical patients with chronic diseases
- Multidisciplinary team to visit patients
- Free of charge

maternal child care home visits

- Aims are to reduce maternal and child mortality
- --- lead by doctor in charge of the health clinic
- --- visit those mother with problems in pregnancy
- --- visit children defaulted in vaccination program
- --- visit child with “problems” family
- --- family planning counselling
- Provide food aid to mother and child

Private health care services

- Private home care services provided by
 - --- private hospital
 - --- private company
- Services range from
 - ---- doctor's visit
 - ---- nursing care
 - ---- physiotherapist/ OT
 - ---- home care assistant

Private health care services

- Mainly concentrate in big cities
- One to two third of specialists in various field work in private sector for various reasons
- Provide home care services in recent years
- Facing challenges in terms of human resources and funding

Non government organisations

- Patient support NGO
 - --- CANCERLINK, PRIDE
 - ---occasional visits by volunteers suffering from the same disease
- Disease specific NGO
 - --- EPILEPSY SOCIETY, MND SOCIETY
 - --- joint effort between doctors, patients and family
 - --- occasional home visits
- Hospices

Malaysia hospice council

- Umbrella body for all hospices in Malaysia
- 23 members across Malaysia
- Each hospice self funded
- Employed full time nurses for regular home visits
- Few hospices afford to employ doctors for home visits

Moving forward

- Increase coverage of home care services in the interior area
- Increase range of home care services, especially with the geriatric population, initiated by local university hospitals
- Increase cooperation among government, private and NGO
- Enhance involvement of corporate thru CSR

Training and Education

- Incentives for academics to work/ collaborate with local community
- Adoption of community home care services by corporate
- Spirit of volunteerism
- creating awareness among school and college students

